

March 2023 Message

To Our Community and Friends,

It's March, which means it's Women History Month. Every year, I look forward to celebrating this month, but this year is especially meaningful because the national theme is *Celebrating Women Who Tell Our Stories*. It is through your and our stories that the Thrive Together community can come together.

As a survivor of sexual abuse, domestic violence, and attempted suicide, I know the importance of celebrating who we are. I am proud to be where I am today, the journey I've been on, and thriving in this community. We are powerful and strong. Regardless of the trauma, inequity, oppression, audism, and challenges we may experience, we can heal – together. We can support one another – together. Every small step is cause for celebration – together. March is also a time to reflect, celebrate, empower, and uplift all women, especially with the coming of spring – fresh flowers blooming and green grass growing after a cold winter. It's a fresh start when we can appreciate who we are, be proud of how far we've come, and celebrate where we are at. Even if we're not where we want to be, we will thrive and continue to grow into where we are meant to be.

Thrive's slogan is "Alone we can do so little, TOGETHER we can do so much," first said by Helen Keller. Throughout March, our board and our staff will celebrate women – so keep an eye on our social media accounts for more. Also, on Saturday, March 4, we are partnering with Midwest Deaf Women for beverages and sweets. We hope you can join us at Nebraska Deaf Heritage Museum and Cultural Center from 10 am to Noon.

It is our responsibility to elevate the next generation so they can pass it on to future generations. Together, let's do this. Together, let's uplift all women. Together, let's end violence for all. Let's help our communities thrive together.

All the Best,

Jennifer